



Mississippi Respite Summit

MISSISSIPPI
FAMILY
CAREGIVER
COALITION

February 5, 2016

8:00 a.m. - 4:00 p.m.

**UMMC Conference Center
Jackson Medical Mall
350 W. Woodrow Wilson Dr.
Jackson, MS 39213**



Mississippi Caregiver Coalition

Family caregivers are the backbone of the nation's caregiving system, providing the bulk of support for family members who need help to remain in their homes and communities. The nation's caregiving system proved to be a fragmented array of services administered by different public and private agencies with little coordination and often gaps in services. The Administration on Aging's (AoA's) National Family Caregiver Support Program promised significant new help to caregivers, but they could not do it alone. They needed help from both public and private organizations and citizens in the community.

To address this need, the AARP Foundation in cooperation with the Administration on Aging conducted research on existing caregiver coalitions to determine best practices. As a result of the aforementioned collaboration, The Mississippi Family Caregiver Coalition was formed in 2004. The Mississippi Family Caregiver Coalition remained active for approximately two (2) years. The Coalition remained in an inactive status until 2014.

In 2014, representatives from the Alzheimer's Association, the Mississippi Department of Human Services, and AARP began discussions about reviving the Mississippi Family Caregiver Coalition. We invited numerous agencies, organizations, and family caregivers to participate in this effort. We developed a vision and mission statement and a charter.

The Mississippi Family Caregiver Coalition envisions that all family caregivers of Mississippians are valued, maintain whole lives, and have access to the caregiving support and services they need.

Our mission is to identify and empower caregivers by educating them about accessing community resources, support networks and their rights.

The following agencies, organizations, and **family caregivers** make up the Mississippi Family Caregiver Coalition:

AARP	Brain Injury Association
Community Links, Inc.	NAMI
Itawamba Community College	St. Catherine's Village
Gulf Coast VA	Oxford Healthcare
Roiness	Multiple Sclerosis
Riggs Manor	UMMC Mind Center
Alpha Kappa Alpha Sorority, Incorporated	MKSmith Consulting
Information & Quality Healthcare/atomAlliance	Social Security Administration
Alzheimer's Association Mississippi Chapter	MS School of Nursing

MS Department of Mental Health
MS State University Extension Service
MS Department of Rehabilitation Services
Ashley Parker, Geriatric Social Worker and Consultant
Central MS Planning & Development District/Area Agency on Aging
MS Department of Human Services/Division of Aging and Adult Services

Goals of the Mississippi Respite Summit

The goals of this Summit are to:

- 1. Identify the needs of family caregivers for respite in Mississippi.*
 - 2. Identify current respite services that are available in Mississippi.*
 - 3. Identify barriers that prevent family caregivers from accessing respite services in Mississippi.*
 - 4. Gather information necessary to provide family caregivers access to a seamless array of respite services.*
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Next Steps

- 1. Host a Post-Summit Conference Call on February 18, 2016, to discuss building the Mississippi Lifespan Respite System based on identified strengths, barriers and unmet needs; and continue to identify and discuss solutions to improve respite access within Mississippi.*
- 2. Form Workgroups to gather information necessary to apply for the Lifespan Respite Grant.*
- 3. Compile data from the Summit.*
- 4. Enhance community-based supports for caregivers and recipients of care, including sustainable resource network for lifespan respite.*



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2016 Mississippi Respite Summit

Agenda

- 7:30 a.m. Registration
- 8:20 a.m. Welcome and Introductions Ivory L. Craig
Melinda Bertucci
- 8:30 a.m. Jill Kagan, Director of ARCH National Respite Network and Resource Center
- 9:00 a.m. Introduction of Facilitator Patty Dunn
Facilitator Jan Michaels
The State of Respite in Mississippi Melinda Bertucci
Sandra Parks
Spencer Blaylock
- 9:50 a.m. Break
- 10:00 a.m. The Reality of Caregiving from the Caregiver Perspective
Billie Winslow-Furr
Lillie Hardy
Marilyn Reed
Roberta Burrell
Valerie McGrew
Ron Mumbower
- 11:00 a.m. Facilitated Breakout #1 – Respite Needs, Gaps and Opportunities
- 11:45 a.m. Breakout Sessions Reports
Facilitators Mary Kim Smith
Ashley Parker
- 12:15 p.m. Lunch and Special Guest Speaker
Introduction of Special Guest Speaker Sue Ann Meng
Speaker Dr. Richard (Rick) Boyte
- 1:00 p.m. Break

1:15 p.m. The RAISE Act and Lifespan Respite Reauthorization
Harrison Matheney

1:30 p.m. Facilitated Breakout #2 – Strategies and Solutions for Respite Needs

2:30 p.m. Breakout Sessions Reports
Facilitators Mary Kim Smith
Ashley Parker

3:15 p.m. Remarks/Closing Session
Introduction of Speaker Ron Mumbower

Speaker Senator Terry Burton

4:00 p.m. Adjourn

Facilitated Breakout Discussions
Breakout Sessions
Morning: 11:00 a.m. – 11:45 a.m.
Afternoon: 1:30 p.m. – 2:30 p.m.

Team Color	Meeting Location	Team Facilitator	Team Scribe
Red	Dunleith East	Ron Mumbower	Mae McDaniel
Pink	Dunleith West	Sue Ann Meng	Melora Jackson
Green	Rosalie	Melanie Fortenberry	Lee Jenkins
Yellow	Linden Lobby	Audrey Hector	Cindy Widdig
Blue	Longwood Concourse East	Denise Lafferty	Becky Brookshire
Orange	Longwood Concourse West	Kathy Van Cleave	Kim Sistrunk

Questions for Facilitated Breakout Discussions

MORNING SESSION

11:00 am – 11:45 am

Current State of Respite - Needs, Gaps and Opportunities

See program for additional information regarding group assignments and meeting location.

1. Please share your connection to respite services.
Do you offer respite services in your area or are you a family caregiver who uses respite?
2. What systems or help already exists to assist families in accessing respite?
3. What tools are currently missing that would improve the ability of Mississippi Family caregivers to have increased access to respite care?
Please list any additional challenges, barriers, and unmet needs.

AFTERNOON SESSION

1:30 pm – 2:30 pm

Strategies and Solutions for Respite Needs - Collaboration to Build Programs

See program for additional information regarding group assignments and meeting location.

1. Designing and Building the Mississippi Lifespan Respite Care Program (Lifespan Respite is defined as a coordinated system of community-based respite for all family caregivers.)
What should a “Dream” Lifespan Respite Care Program look like in Mississippi?
What type of Infrastructure would be needed to establish the Mississippi Lifespan Respite Care Program and help to ensure sustainability?
2. Building Collaboration - As we build a statewide Family Caregiver Coalition to support a statewide Lifespan Respite Care Program:
Who needs to be part of the Mississippi Family Caregiver Coalition? How do we ensure that all stakeholders (caregivers) are served regardless of age, STAGE, or disability?
What should the role of the Mississippi Family Caregiver Coalition be in the Lifespan Respite Care Program?
What type of workgroups do we need to accomplish our goals, face the identified challenges, barriers, and unmet needs and to ensure the quality of a sustainable program is maintained?

POST SUMMIT TELEPHONE CONFERENCE

February 18, 2016

10:00 a.m. - 11:30 a.m.

Next Steps - Questions

1. Building the Mississippi Lifespan Respite Care Program based on identified strengths, barriers and unmet needs.
What services should be included in the Mississippi Lifespan Respite Care Program to build on current strengths and overcome obstacles?
2. Continue to identify and discuss solutions to improve respite access within Mississippi.
Web-based central registry for listed providers and services, along with a public relations plan to increase awareness to help grow and sustain the Mississippi Family Caregiver Coalition and the Mississippi Lifespan Respite Care Program.

Bios

Melinda Bertucci

Melinda Bertucci has been the Director of the Division of Aging and Adult Services (DAAS) at the Mississippi Department of Human Services since 2012. Prior to taking the position of Director, Melinda worked as the Division Planner and Program Manager for the Division of Aging and Adult Services. Melinda is the Vice-Chair of the Mississippi Leadership Council on Aging, a member of the Alzheimer's Planning Council, Council for Developmental Disabilities and Mississippi Access to Care (MAC) 2.0 Workgroup. Melinda has a Bachelor of Science in Community Wellness from Virginia Commonwealth University in Richmond, Virginia.

Spencer Blalock

Spencer was born and raised in Mississippi. He graduated from Pearl High School in Pearl Mississippi in 1995 and went on to serve a 2-year Spanish-Speaking Mission in Southern California for the Church of Jesus Christ of Latter-day Saints. He attended Delta State University and transferred to Jackson State University where he completed his Bachelor of Social Work Degree. He attended the University of Southern Mississippi and received a Master of Social Work Degree. Mr. Blalock is currently pursuing his Doctorate of Health Administration at University of Mississippi Medical Center. He is a member of Phi Kappa Phi Honor Society and Phi Alpha Honor Social Work Honor Society. He has worked in a variety of settings, namely, The Mississippi Department of Human Services, Serenity Hospice Care, Lauderdale County Youth Court, The Crossings, East Mississippi State Hospital, Paradigm Health Services, Gentiva Home Health, Central Mississippi Residential Center, and Rush Health Systems. He served as the Chair of the Meridian Program Unit of Mississippi Chapter of the National Association of Social Workers from 2007 - 2011. He currently serves as a Therapist/Intensive Outpatient Supervisor with Rush Health Systems. He serves as the Bishop of the Meridian congregation of the Church of Jesus Christ of Latter-day Saints. Spencer is a husband and a father of two sons.

He is also presently a board member on the Mississippi Board of Examiners for Social Workers and Marriage and Family Therapists where he serves as the chair of the Continuing Education Committee. He has served as vice-president of Mississippi United to End Homelessness, a council member for Mississippi State University School of Social Work Advisory Council (Meridian Campus), and serves in an advisory capacity for a number of other agencies. He was recently appointed as chair of the Mississippi Caregivers Task Force by Governor Phil Bryant.

W. Richard Boyte, M.D.

Dr. Boyte is a pediatric palliative and critical care physician with a faculty appointment as a Professor of Pediatrics at the University of Mississippi School of Medicine. He directs the pediatric palliative care service at the Batson Children's Hospital. For Dr. Boyte, the medical management of seriously ill children has been both challenging and personally meaningful. Over the past ten years he sought out educational opportunities in palliative medicine including the Harvard Medical School Program in Palliative Care Education and Practice (PCEP) in 2005. He achieved certification through the American Board of Hospice and Palliative Medicine in 2007. In 2008, he became one of 47 pediatricians nationally to receive certification by the American Board of Medical Specialties in hospice and palliative medicine. Dr. Boyte also enjoys teaching medical ethics and in 2008 earned a Master of Arts in Bioethics from the Medical College of Wisconsin. He has written of his experiences in healthcare in the policy journal Health Affairs' "Narrative Matters" and felt honored when his essays were included in Narrative Matters: The Power of the Personal Essay in Health Policy. He also holds certifications in pediatrics and pediatric critical care from the American Board of Pediatrics. Rick Boyte, MD, Award Recipient of the [2015 Schwartz Center National Compassionate Caregiver of the Year \(NCCY\) Award](#).

Senator Terry C. Burton
President Pro Tempore

Senator Burton currently serves President Pro Tempore of the Mississippi State Senate. Since 1992, Senator Burton has represented State Senate District 31, which includes Lauderdale, Newton and Scott Counties. Senator Burton is married and has two children and two grandchildren. He is a member of the Medical Care Advisory Committee, the MS Home Corporation Oversight Committee, the State Workforce Investment Board, the Facilities Management Advisory Committee, the Rotary, Newton Booster Club, and the Newton Chamber of Commerce.

Senator Burton served as Chair of the Energy Committee, Vice Chair of the Appropriations Committee, Vice Chair of Universities and Colleges, member of the Education, Judiciary, Division A, Legislative Budget Committee, Legislative Reapportionment, Municipalities, Public Health and Welfare, Public Property and Rules Committees.

Senator Burton has served as the Director of the Parent Training And Information Center from 1999 - present; Owner/Manager for Real Productions from 1995 - present Consultant, Marketing and Public Relations; Owner/Manager of WMYQ Radio from 1994 - 1999; Owner/Manager of WMOX Radio from 1993 - 1994; and Manager of WQST Radio from 1979 - 1993.

Jill B. Kagan, MPH

ARCH National Respite Network and Resource Center
Annandale, VA 22003
(703) 256-2041

Ms. Kagan is Program Director for the ARCH National Respite Network and Resource Center. The Resource Center houses the Lifespan Respite Technical Assistance Center funded by the US Administration for Community Living. She has served on numerous national advisory boards, including her current role on the National Advisory Council to the federally funded Family Support Research & Training Center. Ms. Kagan represents ARCH on several prominent national coalitions, including the newly formed core advisory group to the Assisting Caregivers Today (ACT) Congressional Caucus and the National Child Abuse Prevention Partners of the Children's Bureau. She is co-chair of the Elizabeth Dole Foundation's Respite Impact Council of the Military Caregivers Coalition, co-chair of the Autism, Developmental Disabilities and Family Support Task Force of the Consortium for Citizens with Disabilities, and facilitator of the national Lifespan Respite Task Force.

Prior to this, Ms. Kagan served as deputy staff director and as professional staff for ten years to the Select Committee on Children, Youth, and Families in the U.S. House of Representatives. She also worked as a consultant to national disability, aging, and maternal and child health organizations for more than 15 years.

Ms. Kagan received her Masters in Public Health in maternal and child health from the University of North Carolina at Chapel Hill, and her Bachelor's Degree from Brandeis University, Waltham, Massachusetts.

Harrison Matheny

Harrison Matheny currently serves as a Special Assistant for Constituent Services for Congressman Gregg Harper (R-Miss.). Harrison joined Congressman Harper's staff in December 2015 after nearly two years of working in Washington D.C. His primary responsibilities include assisting constituents with Internal Revenue Service and Immigration issues.

Before joining Congressman Harper's staff, Harrison served under the late Rep. Alan Nunnelee (R-Miss.), and for the Committee on House Administration. Most recently, Harrison worked for Congressman Ryan Zinke (R-Mont.) on issues related to taxation, small business, and healthcare. While working for Congressman Zinke, Harrison was nominated for the 2015 Rare Disease Legislative Advocates "Congressional Staff of the Year" for his work on behalf of rare disease advocacy groups.

Harrison is a 2014 graduate of Mississippi State University with a bachelor's degree in Marketing and a minor in Economics.

Jan Michaels

Jan Michaels is a name you might recognize. She is an on-air radio personality for I Heart Media stations 105.1 The River, Miss 103, and Z 106.7 and is Promotions and Marketing Director for the 5 station cluster.

Jan was born in Jackson and has lived in the Reservoir area since she was 5. She is a member of St. Mark's United Methodist Church and graduated from Mississippi College with Bachelor's Degrees in both Vocal Performance and Foreign Languages. While working on her Graduate Degree at Mississippi College, she took a summer job at the student operated radio station on campus and fell in love with radio and has been in the business for 24 years.

Jan is very involved in our community and serves on committees and boards of various nonprofit organizations, but there's one in particular that has become a top priority. Her mother was diagnosed with Alzheimer's disease in 2009 and, unfortunately, lost her battle with the disease last August. In her mom's memory, Jan continues to raise awareness of the need for more research and more support programs for caretakers and patients with the disease. She is also an Ambassador for the Alzheimer's Association of Mississippi and works with their Public Policy Coordinator to keep Alzheimer's in the forefront of the minds of our elected officials on Capitol Hill.

Sandra Parks, M.C.P., CMHT

As the Director of the Division of Children and Youth Services for the Department of Mental Health, Sandra recognizes the need for Evidence Based Clinical practices particularly those focusing on childhood traumatic stress. To assist in meeting this need, Sandra provides opportunities to DMH Providers to participate in various trainings including this learning community at little or no fee. Sandra is a Certified Public Manager, Certified Mental Health Therapist, Certified Intellectual & Developmental Disabilities Therapist and a Certified Mental Health Administrator, and is a certified trainer in Applied Suicide Intervention Skills Training (ASIST). She participates and is a member of the Interagency System of Care Council, the Statewide Early Childhood Advisory Council, the Mississippi Autism Advisory Council, the Juvenile Detention Alternatives Task Force, the Children's Trust Fund, the Advisory Council for Fetal Alcohol Spectrum Disorders, the Commission of Children's Justice and the DHS Citizen's Review Board.

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