



17th National Lifespan Respite Conference  
September 20-22, 2016 • Denver, CO  
Sheraton Denver Downtown Hotel  
1550 Court Place • Denver, Colorado 80202

## Call for Presentations

**Deadline for Proposal Submissions: March 21, 2016**

The Colorado Respite Coalition and the National Multiple Sclerosis Society – Colorado-Wyoming Chapter, in collaboration with the ARCH National Respite Network, Easter Seals Colorado, and the Colorado Office of Community Access & Independence, will host the 2016 National Lifespan Respite Conference in Denver, Colorado, **September 20-22, 2016**. The conference will be followed on September 23, 2016, by the Lifespan Respite Grantee and Partner Learning Symposium for grantees and partners only.

The theme for the conference is *Elevate Respite*, reflecting the innovations being made toward respite care in Colorado and nationwide. The need for respite care services and supports is greater than ever before and continues to climb, with nearly 4 in 10 Americans serving as family caregivers. The conference will promote collaboration, research, and the sharing of ideas, strategies, and models to bring respite care to new heights across the country.

Previous national respite conferences have been very successful, and we expect no less from the 2016 conference in Denver! The conference will offer valuable, up-to-date information for families, professionals and other stakeholders related to respite supports for caregivers. Conference keynote speakers and breakout sessions will offer a multitude of opportunities to “connect the dots” between the Lifespan Respite Care Program and other respite programs and initiatives that support caregivers.

This call for presentations is an opportunity to come to the Mile High City to share your innovative best practices related to respite care, and to give others the chance to benefit and learn from what you’ve learned and accomplished.

## Target Audience

This national conference is intended for *everyone* who supports family members and family caregivers of individuals across all ages. Anyone who is affected by or caring for someone with Alzheimer's disease, Multiple Sclerosis, Parkinson's, ALS, Autism, Down Syndrome, ADHD, intellectual or developmental disabilities, mental health and behavioral health issues, or any other disabling or chronic condition has a stake in this significant issue. Families of or providers to military wounded soldiers or veterans, kinship caregivers or providers, and those working with families at risk of abuse or neglect will also have much to gain from attending this conference. The audience will include family caregivers, persons with disabilities, older adults, parents, grandparents, guardians, respite providers, social workers, case managers, program managers, nurses, researchers, advocates, direct support staff, teachers, leaders of faith-based organizations, policy makers, and other community/business leaders who influence and shape the role of respite in the support network.

## What benefits do YOU gain from presenting at the Conference?

- You gain visibility and recognition as a national leader on Lifespan Respite.
- You are provided an opportunity to network with and learn from other professionals and caregivers from across the nation.
- You will have the satisfaction of sharing best practices to improve Lifespan Respite systems and services.
- You will receive a \$75 discount off the "early bird" registration cost of \$395, reducing the cost of the conference registration for presenters to just \$320. (The Presenter's Code you will receive needs to be included on the Registration Form.)

## Presentation Formats

The conference will offer 75-minute time slots for breakout sessions. Presenters are encouraged to incorporate the ***Elevate Respite*** theme, targeting one of the five topic areas and/or the Lifespan Respite Track listed below. Please think of creative ways to inform, engage, and energize the workshop audience. Each presentation should include at least three learning objectives.

Presenters are welcomed and encouraged to develop interactive sessions that engage participants in discussion, networking, and an open exchange of ideas. You are encouraged to develop a proposal alone or with one or two other speakers on a related topic.

*The conference review committee retains the right to combine presentations with others under similar topics. Presenters will be notified in advance if this occurs.*

Breakout rooms will be set up "theatre" style or with round tables to accommodate 35-75 participants. If your proposed session or presentation requires a different space set up, the request must be indicated on the application form. We will not be able to guarantee your preferred arrangement, but we will do our best to accommodate your needs.

## Topics/Tracks

We are looking for Presentation/Workshop proposals that focus on respite care, but cross over multiple disciplines, reflecting the wide range of options required and utilized by caregivers across the lifespan. Proposals should target one of five topic areas and/or the Lifespan Respite Track described below. Some possible session ideas are included below for each of the topical areas, but you are not limited to these. Be creative!

### *Topic Areas and Suggested Session Ideas*

#### **Service Delivery Options throughout the Lifespan:**

- Innovative respite provider recruitment, training or credentialing programs
- In-home respite
- Volunteer respite
- Faith-based models
- Consumer-directed respite
- Respite for family caregivers of populations with specific conditions
  - Older adults with functional limitations
  - Individuals with Alzheimer's or other dementias
  - Individuals with neurological conditions (e.g., ALS, MS, Parkinson's)
  - Children or adults with intellectual or developmental disabilities
  - Children or adults with special medical needs or physical disabilities
  - Children or adults with autism
  - Children or adults with mental health issues
  - Other underserved populations (individuals with brain injury, paralysis, cancer, etc.)
- Respite for military families or Veterans
- Respite for grandparents or kinship caregivers
- Respite for LGBT family caregivers and care recipients
- Respite for culturally unique populations (e.g., Asian, African American, Native American, Hispanic family caregivers and care recipients)
- Respite for adopted children or children in foster care
- Health and safety issues in respite service delivery
- Respite for culturally unique populations (e.g. Asian, African-American, Native American, Hispanic family caregivers and recipients)
- Respite for LGBT family caregivers and care recipients
- Inclusive respite options and natural supports for respite
- Emergency respite

- Rural respite
- Respite in hospice or end-of-life situations
- Respite as abuse and neglect prevention/crisis nurseries and crisis care
- Behavior management in respite settings
- Overnight/weekend respite models
- Therapeutic respite care
- Adult day care or facility-based respite

#### **Evaluation and Research:**

- Evidence-based or evidence-informed practices
- Documenting cost-benefits of respite
- Family caregiver satisfaction with respite
- Measuring the value of respite
- Respite as abuse prevention – is it effective?
- Outcome-based evaluation
- Performance measurement and data collection
- Measuring systems change and respite access
- Needs assessments, surveys and environmental scans

#### **Family Caregivers:**

- What does respite mean for you?
- Formal versus informal respite support: Do you have a preference?
- Respite benefits of respite for caregiver health and well-being
- Respite cooperatives
- Sibling caregivers
- How to make the most of your respite time
- Finding and paying for respite
- Training your own respite providers
- Consumer-directed respite: Is it for you?
- Respite responsiveness to cultural diversity
- Immigrant-refugee family caregivers' awareness and use of respite
- Caregiver assessment: Is respite meeting your specific respite needs?
- How to advocate for respite policy change

#### **New Partnerships and Business Development:**

- Employer or corporate sponsored respite

- Partnering with local businesses to support respite
- Use of new technology in respite delivery
- Business aspects of respite delivery and best practices
- Developing a business or strategic plan
- Creative partnerships and collaboration for respite
- Engaging and retaining new stakeholders
- Working with managed care organizations or health insurance companies

**Advocacy, Networking, and Sustainability:**

- State Respite Coalition building and sustainability
- State Respite Coalition best practices
- Working with State Legislatures
- Federal and state policy
- Developing advocacy skills
- Identifying respite funding sources
- Ensuring sustainability through partnerships
- Conducting respite outreach, public awareness and information dissemination
- Innovative sustainability plans for respite services and systems

***Lifespan Respite Track:***

In addition to the topical areas above, the conference will highlight a Lifespan Respite track. Current and former Lifespan Respite grantees and their partners are encouraged to submit a session proposal that describes best practices, program successes and challenges, innovative service delivery, collaborative partnerships (e.g., including the role of Aging and Disability Resource Centers and unique stakeholders in Lifespan Respite systems), management of growth, messaging, sustainability plans, fact-finding or other significant accomplishments resulting from activities undertaken with Lifespan Respite grant funds.

**Important Instructions for Application Submission**

All presenter applications must be completed online at <https://jbkagan.wufoo.com/forms/call-for-presentations/>. Be sure to review the **Call for Presentations Application Form** carefully to be certain you describe all aspects of your proposal and complete each required section before you submit the application online. We suggest you preview the questions in advance [here](#).

[\[http://www.arch.memberlodge.org/resources/Documents/2016\\_Natl\\_Respite\\_Conf/Instructions\\_and\\_Questions\\_Preview.pdf\]](http://www.arch.memberlodge.org/resources/Documents/2016_Natl_Respite_Conf/Instructions_and_Questions_Preview.pdf)

## PLEASE NOTE INSTRUCTIONS FOR COMPLETING THE ONLINE FORM:

- 1) You must complete the application in one sitting. You will not be able to save it, exit the session, and continue later. We recommend that you draft the narrative portions of the proposal in a WORD document, save responses to your computer, and then copy and paste the relevant sections into the appropriate text boxes in the online application.
- 2) As you advance from page to page in the application, responses are saved in that current session as long as you don't exit the site. You can return to any previous page to review and edit your responses at any time during the current session until you hit the "Submit" button at the end of the survey. Once you hit "Submit" your application is considered final and complete.

You will receive a confirmation email with a copy of your submitted proposal. However, as indicated above, we recommend that you save your responses in a WORD document before transferring the information to the online application.

## Proposal Submissions and Deadline

**The Call for Presentations Application Form must be completed in full and submitted no later than March 21, 2016.** Please submit your proposal [online](#). To be considered, all proposals must be submitted online by the deadline and include all information requested on the Presenter's Application Form. [<https://jbkagan.wufoo.com/forms/call-for-presentations/>]

**We will make every effort to respond to all applications no later than May 23, 2016.**

## Presenter's Registration

All presenters will be required to be registered for the conference. Approved presenters will receive a \$75 discount off of the "early bird" registration cost for ARCH non-members (\$395), reducing the cost of registration for presenters to just \$320. An approved presenter's registration must be completed and paid for by July 15, 2016 for the presenter's session to be included in the conference. The presenters will receive a Presenter's Discount Code when notified of the proposal's acceptance. This code must be used when registering to receive the \$75 discount. The registration fee will not be waived for presenters. In addition, hotel, travel, per diem, and other associated costs are the responsibility of each presenter.

**Please note:** ARCH paid members, including those who are in bundled memberships, are already entitled to a \$100 discount off of the "early bird" registration fee of \$395. If you are selected to be a presenter, and you are an ARCH paid member, your registration fee will be only \$295. Colorado residents are also entitled to a discounted registration rate of \$295. Only one discount per registrant will be permitted. If you are not currently an ARCH paid member, and you would like to join ARCH to enjoy the member discount (and other [benefits](#)), please visit [http://www.arch.memberlodge.org/Member\\_Application](http://www.arch.memberlodge.org/Member_Application).

## AV Equipment

All breakout sessions will include a PowerPoint package which includes a podium with laptop computer, LCD projector and screen. Internet may be available. A podium microphone may be provided depending on the size of the room and the acoustics. Presenters will be responsible for costs associated with any additional equipment or services required. Contact Meghan Baskett with the Colorado Respite Coalition at [mbaskett@eastersealscolorado.org](mailto:mbaskett@eastersealscolorado.org) if you have questions or additional requests.

## Proposal Review Process

All completed proposals will be reviewed by the Conference Planning Committee using the following criteria:

- Practical applicability to the conference theme *Elevate Respite*
- Relevance to the interests of conference participants
- Usefulness of the information, skills, and/or ideas for the intended audience
- Contributions to new or innovative practices
- Intent to stimulate active engagement of participants
- Presenter's qualifications and experience
- Use of instructional aids

*We reserve the right to request modifications to a proposal before a final decision is made. We also reserve the right to combine presentations with similar topics in one session. Presenters will be notified in advance if this should occur.*

## Dates to Remember

National Lifespan Respite Conference:	<b><u>September 20-22, 2016 (Denver, CO)</u></b>
Call for Presentations Deadline:	<b><u>Monday, March 21, 2016</u></b>
Presenter Notification:	<b><u>Monday, May 23, 2016</u></b>

## Questions?

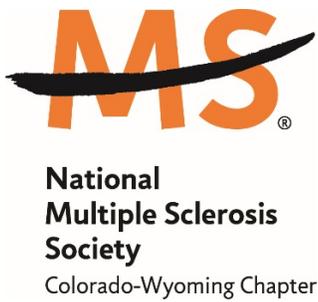
Please contact the Colorado Respite Coalition with any questions you may have at [mbaskett@eastersealscolorado.org](mailto:mbaskett@eastersealscolorado.org).

Visit the [Conference Website](#) for more information or to complete the Call for Presentations Application Form online. [<https://jbkagan.wufoo.com/forms/call-for-presentations/>]

## Conference Hosts.....



*Respite for you  
= better care for  
your loved one*



**COLORADO**  
**Office of Community  
Access & Independence**  
Division of Aging & Adult Services