



16th Annual National Lifespan Respite Conference October 7-9, 2014 • Nashville, TN

Nashville Marriott at Vanderbilt University
2555 West End Avenue | Nashville | TN 37203

Call for Presentations

The Tennessee Respite Coalition, in collaboration with the ARCH National Respite Network, will host the 2014 National Lifespan Respite Conference in Nashville, TN on **October 7-9, 2014**. The theme for the conference is *Get in Tune with Respite*, reflecting the great musical city of Nashville and challenging conference attendees to learn and share how respite can create harmony for families in caregiving situations.

Previous national respite conferences have been very successful, and we expect no less from the 2014 conference in Nashville! The conference will offer valuable, up-to-date information for families, professionals and other stakeholders related to respite supports for caregivers. Conference keynote speakers and breakout sessions will offer a multitude of opportunities to “connect the dots” between the Lifespan Respite Care Program and other respite programs and initiatives that support caregivers. This call for presentations is an opportunity to come to Music City to share your innovative best practices related to respite care, and to give others the chance to benefit and learn from what you’ve accomplished.

Target Audience

This national conference is intended for *everyone* who supports family members and family caregivers of individuals across all ages. Anyone who is affected by Alzheimer's disease, Multiple Sclerosis, Parkinson's, ALS, Autism, Down Syndrome, ADHD, intellectual or developmental disabilities, mental health and behavioral health issues, or any other disabling or chronic condition has a stake in this significant issue. Families of or providers to military wounded soldiers or veterans, kinship caregivers or providers, and those working with families at risk of abuse or neglect will also have much to gain from attending this conference. The audience will include family caregivers, persons with disabilities, older adults, parents, grandparents, guardians, respite providers, social workers, case managers, program managers, nurses, researchers, advocates, direct support staff, teachers, leaders of faith-based organizations, policy makers, and other community/business leaders who influence and shape the role of respite in the support network.

What benefits do YOU gain from presenting at the Conference?

- You gain visibility and recognition as a national leader on Lifespan Respite.
- You are provided an opportunity to network with and learn from other professionals and caregivers from across the nation.
- You will have the satisfaction of sharing best practices to improve Lifespan Respite systems and services.
- You will receive a \$125 discount off the "early bird" registration cost of \$375, reducing the cost of the conference registration for presenters to just \$250. (The Presenter's Code you will receive needs to be included on the Registration Form.)

Presentation Formats

The conference will offer 75-minute time slots for breakout sessions. Presenters are encouraged to incorporate the *Get in Tune with Respite* theme or other musical concepts in the presentation, targeting one of the five topic areas and/or the Lifespan Respite Track listed below. Please think of creative ways to inform, engage, and energize the workshop audience. Each presentation should include at least three learning objectives.

Presenters are welcomed and encouraged to develop interactive sessions that engage participants in discussion, networking, and an open exchange of ideas. You are also welcome to develop a proposal with one or two other speakers on a related topic.

The conference review committee retains the right to combine presentations with others under similar topics. Presenters will be notified in advance if this occurs.

Breakout rooms will be set up "theater" style or with round tables to accommodate 50-75 participants. If your proposed session or presentation requires a different space set up, it must be indicated on the application form. We will not be able to guarantee your preferred arrangement, but we will do our best to accommodate your needs.

Topics/Tracks

We are looking for Presentation/Workshop proposals that focus on respite care, but cross over multiple disciplines, reflecting the wide range of options required and utilized by caregivers across the lifespan. Proposals should target one of five topic areas and/or the Lifespan Respite Track described below. Some possible session ideas are included for each of the topical areas:

Topic Areas and Suggested Session Ideas

Business Development:

- Employer or corporate sponsored respite
- Partnering with local businesses to support respite
- Use of new technology in respite delivery
- Business aspects of respite delivery and best practices
- Developing a business plan

Evaluation and Research:

- Evidence-based or evidence-informed practices
- Documenting cost-benefits of respite
- Family caregiver satisfaction with respite
- Respite as abuse prevention
- Outcome-based evaluation
- Performance measurement and data collection
- Needs assessments and environmental scans

Family Caregivers

- What does respite mean for you?
- Formal versus informal respite support: Do you have a preference?
- Respite as a stress reducer
- Benefits of respite for caregiver health and well-being
- Respite cooperatives
- How to make the most of your respite time
- Finding and paying for respite
- Training your own respite providers
- Consumer-directed respite: Is it for you?
- Respite responsiveness to cultural diversity
- Caregiver assessment: Is respite meeting your specific respite needs?
- How to advocate for respite policy change

Service Delivery Options throughout the Lifespan:

- Innovative respite provider recruitment, training or credentialing programs
- Volunteer respite
- Faith-based models

- Consumer-directed respite
- Respite for family caregivers of specific populations
 - ❑ Aging and frail elderly
 - ❑ Individuals with Alzheimer's or other dementias
 - ❑ Individuals with neurological conditions (e.g., ALS, MS, Parkinson's)
 - ❑ Grandparents or other kinship caregivers
 - ❑ Children or adults with intellectual or developmental disabilities
 - ❑ Children with special medical needs
 - ❑ Children or adults with autism
 - ❑ Children or adults with mental health issues
 - ❑ Other underserved populations (individuals with spinal cord or brain injury, cancer, etc)
 - ❑ Adopted children or children in foster care
- Health and safety issues in respite service delivery
- Creative partnerships and collaboration for respite
- Respite for culturally unique populations (e.g. Asian, African-American, Native American, Hispanic family caregivers and recipients)
- Immigrant-Refugee awareness and use of respite
- Respite for LGBT family caregivers and care recipients
- Emergency respite
- Rural respite
- Respite in hospice or end-of-life situations
- Respite as abuse and neglect prevention/crisis nurseries and crisis care
- Respite for veterans or military families
- Behavior management in respite settings
- Overnight/weekend respite models
- Therapeutic respite care

Advocacy and Networking:

- State Respite Coalition building and sustainability
- State Respite Coalition best practices
- Working with State Legislatures
- Federal and state policy
- Developing advocacy skills
- Identifying respite funding sources
- Ensuring sustainability through partnerships
- Conducting respite outreach, public awareness and information dissemination

Lifespan Respite Track:

In addition to the topical areas above, the conference will highlight a Lifespan Respite track. Current and former Lifespan Respite grantees and their partners are encouraged to submit a session proposal that describes best practices, program successes, innovative service delivery, collaborative partnerships (e.g., including the role of Aging and Disability Resource Centers in Lifespan Respite systems), messaging, sustainability plans, fact-finding or other significant accomplishments resulting from activities undertaken with Lifespan Respite grant funds.

Important Instructions for Application Submission

All presenter applications must be completed [online](#). Be sure to review the **Presenter's Application Form** carefully to be certain you describe all aspects of your proposal and complete each required section before you submit the application online. To review the questions in advance, click [here](#).

The online process does not permit you to save your presentation proposal or print it from the online application form once it is completed and submitted. If you would like to save your responses, we recommend that you draft the narrative portions of the proposal in a Word Document and then copy and paste the relevant sections into the appropriate text boxes in the online application. Be sure to save your Word Document before transferring the information to the online application if you would like to refer to it later.

Proposal Submissions and Deadline

The Presenter's Application Form must be completed in full and submitted no later than April 11, 2014. Please submit your proposal [online](#). To be considered, all proposals must be submitted online by the deadline and include all information requested on the [Presenter's Application Form](#). [<http://www.arch.memberlodge.org/ApplicationForm>]

We will respond to all applications no later than May 15, 2014.

Presenter's Registration

All presenters will be required to be registered for the conference. Approved presenters will receive a \$125 discount off of the "early bird" registration cost for ARCH non-members (\$375), reducing the cost of registration for presenters to just \$250. An approved presenter's registration must be completed and paid for by July 15, 2014 for the presenter's session to be included in the conference. The presenters will receive a Presenter's Discount Code when notified of the proposal's acceptance. This code must be used when registering to receive the \$125 discount. **No more than three presenters per presentation will be eligible for the presenter discount.** The registration fee will not be waived for presenters. In addition, hotel, travel, per diem, and other associated costs are the responsibility of each presenter.

Please note: ARCH paid members, including those who are in bundled memberships, are already entitled to a \$100 discount off of the "early bird" registration fee of \$375 (registration not to exceed \$275). Tennessee residents are also entitled to a discounted registration rate of \$275. Only one discount per registrant will be permitted. The registration fee for all presenters, regardless of paid membership status in ARCH, or Tennessee residency, will be \$250.

AV Equipment

All breakout sessions will include a PowerPoint package which includes a podium with laptop computer, LCD projector and screen. Internet may be available. Presenters will be responsible for costs associated with any additional equipment required. Contact conference@tnrespite.org if you have questions or additional requests.

Proposal Review Process

All complete proposals will be reviewed by the Conference Planning Committee using the following criteria:

- Practical applicability to the conference theme *Get in Tune with Respite*
- Relevance to the interests of conference participants
- Usefulness of the information, skills, and/or ideas for the intended audience
- Contributions to new or innovative practices
- Intent to stimulate active engagement of participants
- Presenter's qualifications and experience
- Use of instructional aids

We reserve the right to request modifications to a proposal before a final decision is made. We also reserve the right to combine presentations with similar topics in one session. Presenters will be notified in advance if this should occur.

Dates to Remember

National Respite Conference:	<u>October 7-9, 2014</u>
Call for Presenters Deadline:	<u>Friday, April 11, 2014</u>
Presenter Notification:	<u>Thursday, May 15, 2014</u>

Questions?

Please contact the Tennessee Respite Coalition with any questions you may have at conference@tnrespite.org.

Visit <http://www.arch.memberlodge.org/2014Conference> to view the Conference Website for more information or to complete the [Presenters Application Form](#) online.
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